

A FREE GIFT FROM SANMI DAWODU MINISTRIES



The 7-Day Prayer Guide for *Breakthrough*

*Seven days of Spirit-led prayer, scripture
and bold declarations to align your life
with God's promises.*

PROVISION · HEARING GOD · PEACE · CONFIDENCE

A complimentary devotional resource

Sanmi Dawodu Ministries

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WELCOME, BELOVED

A Word Before You *Begin*

If you have downloaded this guide, it is not by accident. The Holy Spirit drew you here because heaven has something to say to you over the next seven days.

Maybe you are standing in a season where the bills are louder than the promises. Maybe you have prayed for so long that your prayers have started to feel like echoes. Maybe you simply sense — in the quietest part of your spirit — that God is stirring something fresh, and you do not want to miss it.

Whatever brought you here, this guide is built on a single conviction: **God is not silent, and God is not distant.** He still speaks. He still provides. He still aligns lives that look hopelessly tangled. And He responds to the believer who will set aside seven days to pray, declare His Word, and listen.

You are about to walk through seven days of breakthrough prayer — covering provision, hearing God's voice, understanding His Word, peace over anxiety, identity in Christ, confidence and boldness, and full alignment with His will. Each day is short enough to fit into a busy life, and weighty enough to shift a long season.

"You shall decree a thing, and it shall be established for you." — Job 22:28

Please do not rush this guide. Set aside fifteen to twenty unhurried minutes each day. Read the scripture out loud. Pray the prayer slowly. Speak the declarations with your eyes open and your hand on your chest. Watch what God does between Day 1 and Day 7.

I am praying for you as you begin. Heaven is closer than you think.

Pastor Sanmi Dawodu

Sanmi Dawodu Ministries · Chicago, IL

How to Use This *Guide*

This guide is simple by design. The power is not in the format — it is in the encounter you will have with God when you take it seriously.

01

Set the Time

Choose 15–20 unhurried minutes a day. Morning is most powerful, but consistency matters more than the clock.

02

Find the Quiet

Silence your phone. Find a chair, a corner, a closet — anywhere you can be undistracted before God.

03

Read Out Loud

Faith rises on the breath (Romans 10:10). Read the scripture, the prayer, and every declaration aloud.

04

Take the Action

Each day ends with a small, practical step. Do it before the day is over — obedience accelerates breakthrough.

05

Journal What Stirs

Keep a notebook nearby. Write what God highlights, even if it seems small. Small impressions become major doors.

06

Don't Skip a Day

If you miss a day, do not restart — pick up where you left off. The seven days are designed to build, not to chain you.

◆ A FINAL WORD

Treat this guide as a holy appointment, not a checklist. Heaven moves toward the heart that is hungry — and your hunger is the only qualification you need to begin.

DAY ONE

Financial Breakthrough

Trusting God as Provider

"And my God will supply every need of yours according to his riches in glory in Christ Jesus."

PHILIPPIANS 4:19 (ESV)

God is not your last resort — He is your first source. The very first revelation of God in scripture as a Provider was *Jehovah Jireh* — "the Lord who sees and provides" (Genesis 22:14). Long before you saw the bill, He saw the answer.

Today, refuse to agree with the spirit of lack. You are not a child of scarcity. You are a child of the King who owns the cattle on a thousand hills (Psalm 50:10). Provision is not your problem to solve alone — it is His covenant promise to keep.

◆ TODAY'S PRAYER

Father, You are Jehovah Jireh, my Provider. I reject every lying spirit of lack, fear and shortage in the name of Jesus. Open windows of supernatural provision over my life. Give me wisdom for the resources already in my hand. Open doors no man can shut. Let bills be paid, debts be cleared, and my needs be met according to Your riches in glory. Amen.

◆ SPEAK THESE DECLARATIONS

- ◆ **God is my Source.** I will not lack any good thing.
- ◆ **Doors are opening** — supernatural and natural — over my finances today.
- ◆ **I am a tither, a giver, and a receiver** of God's overflow.
- ◆ **Every debt over my life** is being broken in the name of Jesus.
- ◆ **My obedience attracts** the favor of heaven over my work and my income.

TODAY'S ACTION STEP

Plant a seed of generosity today, however small — a tip, a gift, a kind word. Generosity unlocks the heart of provision.

REFLECTION

Where have I been trusting myself instead of trusting God as Provider? Write it down — and surrender it.

DAY TWO

Hearing God Clearly

Tuning Your Ear to Heaven

"My sheep hear my voice, and I know them, and they follow me."

JOHN 10:27 (ESV)

Jesus did not say, "My sheep *used* to hear my voice." He said, "My sheep *hear* my voice" — present tense, ongoing, available to you right now. Hearing God is not a gift reserved for prophets and pastors. It is the birthright of every believer who belongs to the Shepherd.

If His voice has felt distant, the issue is not His silence — it is the noise around you. Today is the day you turn down every other voice and tune your ear to His. He is already speaking. He has been speaking. Today, you will hear.

◆ TODAY'S PRAYER

Lord Jesus, You are the Good Shepherd. I thank You that Your sheep hear Your voice — and I am Your sheep. Open my spiritual ears. Quiet every other voice that has been crowding Yours out — fear, opinions, social media noise, my own racing thoughts. Speak, Lord, for Your servant is listening (1 Samuel 3:9). Help me discern Your voice from every counterfeit, and give me the courage to obey what I hear. Amen.

◆ SPEAK THESE DECLARATIONS

- ◆ ***I am a sheep*** of the Good Shepherd, and I hear His voice clearly.
- ◆ ***Confusion has no place*** in my mind — I have the mind of Christ.
- ◆ ***Every counterfeit voice*** loses its grip on me today.
- ◆ ***God is speaking*** to me through scripture, prayer, people and peace.
- ◆ ***I will obey quickly*** when I hear God's voice — no delay, no negotiation.

TODAY'S ACTION STEP

Take ten silent minutes today with no phone, no music, no input. Sit before God and ask: "Lord, what are You saying to me?" Then write what surfaces.

REFLECTION

What is the loudest voice in my life right now that is not God's? What would change if I turned it down?

DAY THREE

Understanding the Word

Spirit-Opened Eyes

"Open my eyes, that I may behold wondrous things out of your law."

PSALM 119:18 (ESV)

The Bible is not a book to be merely read — it is a living door to be entered. Hebrews 4:12 says it is "living and active, sharper than any two-edged sword." The same Spirit who inspired the words is the Spirit who unlocks them when you ask Him to.

Today, refuse to read the Bible like a textbook. Approach it like a love letter from a Father who has been waiting to speak with you. Ask the Holy Spirit — out loud — to open your eyes before you turn a single page. He will answer that prayer every time.

◆ TODAY'S PRAYER

Holy Spirit, I thank You that You are the Author and Interpreter of scripture. Right now, I ask You to open my eyes that I may behold wondrous things out of Your Word. Make every verse come alive. Highlight what I most need to see. Give me revelation, not just information. Hide Your Word in my heart so deeply that it changes how I think, how I speak, and how I walk. Amen.

◆ SPEAK THESE DECLARATIONS

- ◆ ***The Word of God is alive*** in me, and it is reshaping my mind.
- ◆ ***I have the mind of Christ*** (1 Corinthians 2:16) and the wisdom of heaven.
- ◆ ***Every promise of God*** is "Yes" and "Amen" over my life (2 Corinthians 1:20).
- ◆ ***The Holy Spirit teaches me*** all things and brings scripture to my remembrance.
- ◆ ***I will not just read*** the Word — I will live the Word.

TODAY'S ACTION STEP

Read one chapter of scripture out loud today. Underline the verse that speaks loudest. Write it on a card and carry it with you.

REFLECTION

Which scripture has God been bringing back to me lately? What might He be speaking through it?

DAY FOUR

Peace Over Anxiety

Receiving the Peace That Surpasses Understanding

"Do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God."

PHILIPPIANS 4:6 (ESV)

Anxiety is loud — but the peace of God is louder when you choose it. Notice that Paul does not say try harder to stop worrying. He gives a divine swap: anxiety out, prayer with thanksgiving in. The result, in the very next verse, is "the peace of God which surpasses all understanding."

You will not be able to think your way out of anxiety. But you can pray and worship your way through it. Today, give God the worry. Give Him every detail you have been carrying. Then — before you see the answer — start thanking Him for it.

◆ TODAY'S PRAYER

Father, I bring every worry to You — every fear about my health, my family, my finances, my future. I lay them at Your feet right now. I refuse to carry what You have already promised to handle. Fill me with Your peace that surpasses understanding. Guard my heart and my mind in Christ Jesus. I will not be anxious — I will be thankful. Amen.

◆ SPEAK THESE DECLARATIONS

- ◆ **The peace of God** rules in my heart today (Colossians 3:15).
- ◆ **I refuse anxiety** — it is not my portion in Christ.
- ◆ **God is in control** of every detail I cannot control.
- ◆ **I cast my cares** on Him, because He cares for me (1 Peter 5:7).
- ◆ **My mind is guarded** by the peace of Christ — no fear shall stand.

TODAY'S ACTION STEP

Write down three specific worries on a piece of paper. Pray over them aloud. Then physically tear the paper as a sign of release.

REFLECTION

What have I been carrying that God never asked me to carry? What does it look like to release it today?

DAY FIVE

Identity in Christ

Knowing Who You Are in Him

"But you are a chosen race, a royal priesthood, a holy nation, a people for his own possession."

1 PETER 2:9 (ESV)

Most spiritual battles are not battles against your circumstances – they are battles over your *identity*. The enemy's first question to Jesus in the wilderness was, "If you are the Son of God..." (Matthew 4:3). He still uses the same script today. If he can shake your identity, he can rob your destiny.

Today, settle who you are. You are not what your past says. You are not what people have called you. You are not what your fears whisper. You are who **God says you are**: chosen, royal, holy, His own.

◆ TODAY'S PRAYER

Father, thank You for choosing me before the foundation of the world (Ephesians 1:4). Today I refuse every label that contradicts Your Word over my life. I am not abandoned – I am chosen. I am not condemned – I am redeemed. I am not less-than – I am royal in Christ. Show me who I am in You so clearly that nothing and no one can shake it. Amen.

◆ SPEAK THESE DECLARATIONS

- ◆ ***I am chosen*** by God before the foundation of the world.
- ◆ ***I am a royal priest*** in the kingdom of my Father.
- ◆ ***I am holy and beloved*** – set apart for God's purposes.
- ◆ ***Every lie about my identity*** breaks in the name of Jesus.
- ◆ ***I will walk today*** in the full confidence of who God says I am.

TODAY'S ACTION STEP

Write your "I am" statements on a card based on scripture (e.g., "I am chosen, I am loved, I am redeemed"). Read them out loud morning and night.

REFLECTION

What labels have I been carrying that contradict what God says about me? What would change if I dropped them today?

DAY SIX

Confidence & Boldness

Walking in Christ-Empowered Strength

"I can do all things through him who strengthens me."

PHILIPPIANS 4:13 (ESV)

Boldness is not the absence of fear — it is the decision that God's promise is bigger than your fear. The early disciples did not pray for fear to disappear; they prayed, "Lord... grant your servants to continue to speak your word with all boldness" (Acts 4:29). Boldness is something you ask for and receive.

Today, refuse the spirit of intimidation. The same Spirit that raised Christ from the dead lives in you (Romans 8:11). Walk into your day, your meetings, your assignments and your conversations clothed in heaven's confidence — not human bravado, but kingdom courage.

◆ TODAY'S PRAYER

Father, You did not give me a spirit of fear — but of power, love and a sound mind (2 Timothy 1:7). I receive boldness from heaven today. Remove every fear of failure, fear of rejection, and fear of man. Fill me with holy confidence to step into every assignment You have for me. I can do all things through Christ who strengthens me. Amen.

◆ SPEAK THESE DECLARATIONS

- ◆ ***I am bold as a lion*** because the righteous are bold (Proverbs 28:1).
- ◆ ***The fear of failure*** has no power over me.
- ◆ ***I can do all things*** through Christ who strengthens me.
- ◆ ***God's grace*** is sufficient — His power is perfected in my weakness.
- ◆ ***I will step out today*** in faith, not back down in fear.

TODAY'S ACTION STEP

Take one bold step today that you have been putting off – send the email, make the call, share your testimony, start the project. Move while the courage is fresh.

REFLECTION

Where has fear been louder than faith in my life? What would I do today if I were not afraid?

DAY SEVEN

Alignment

Putting Every Part of Your Life Under God

"But seek first the kingdom of God and his righteousness, and all these things will be added to you."

MATTHEW 6:33 (ESV)

Six days of breakthrough prayer mean very little if your life is still pointed in the opposite direction of God. Today is the day of **alignment** – when finances, relationships, calling, time, and desires all bow to one Lord and one Kingdom.

Notice what Jesus promises in Matthew 6:33. When you put His Kingdom *first*, "all these things" – provision, peace, direction, purpose – are *added* to you. Alignment is not deprivation. Alignment is the doorway to abundance, because everything works better when it works under God.

◆ TODAY'S PRAYER

Lord Jesus, I surrender every area of my life to You today – my finances, my family, my work, my dreams, my relationships, my time, my future. Reorder anything that is out of order. Realign anything that is out of place. Let Your Kingdom come, and Your will be done in my life as it is in heaven. I seek You first, and I trust You to add everything else. Amen.

◆ SPEAK THESE DECLARATIONS

- ◆ ***My life is aligned*** with the Kingdom of God.
- ◆ ***I seek Him first*** – and trust Him to add the rest.
- ◆ ***Every area of my life*** bows to the Lordship of Jesus Christ.
- ◆ ***What was out of order*** is being put back in order today.
- ◆ ***I am positioned*** for everything God has prepared for me.

TODAY'S ACTION STEP

Write down one area of your life that has been out of alignment with God. Surrender it on paper, then take one practical action to begin realigning it this week.

REFLECTION

If God realigned every part of my life this week, what would my life look like a year from now?

A *Final Blessing* Over Your Life

You did not just finish a guide. You stood in the gap for your own life, and heaven took notice. Speak this final declaration over yourself before you put this guide down.



The Final Declaration

I am led by God. I am provided for. I am guided by His voice. I understand His Word. I am filled with His peace. I am rooted in my identity in Christ. I walk in holy boldness.

My life is fully aligned with the Kingdom of heaven.

What was broken, God is restoring. What was delayed, God is releasing. What was hidden, God is revealing. What was stolen, God is returning sevenfold.

I am no longer the same. The next chapter of my life will not look like the last one. The God who began this good work in me will be faithful to complete it.

In Jesus' Name — Amen.

Now, take a moment. Put your hand on your chest. Breathe deeply. And thank God for what He has already begun in you over these seven days — even what you cannot yet see. The seed has been planted. The harvest is on the way.

WHERE TO GO FROM HERE

Don't Stop at *Day Seven*

Seven days will shift your atmosphere. But forty days will shift your life. If this guide blessed you, here is where to go next.

CONTINUE THE JOURNEY

Join the *40 Days & 40 Nights* of Prayer Series

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◆ **SHARE THE GIFT**

If God ministered to you through these seven days, send this guide to someone you love. Heaven multiplies what generosity sets in motion.



Behold, He Is Doing a New Thing.

"See, I am doing a new thing! Now it springs up; do you not perceive it? I am making a way in the wilderness and streams in the wasteland."

ISAIAH 43:19

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